



TREATMENT

&

REHABILITATION

OUR APPROACH IS NONTRADITIONAL

- We value your time, so we don't treat multiple patients at once, or overbook our schedule.
- We perform what is necessary for your recovery, not what insurance reimbursements dictate.
- Our physical therapists design and execute a personal plan for you - not a "one size fits all" program.
- All evaluations and follow-up sessions will always be executed primarily by the physical therapist, not assistants or aides.
- You receive our undivided attention and care, which results in a more positive outcome in both experience and recovery.

If you have been elsewhere for physical therapy, you will notice these differences immediately. If you are new to physical therapy, you will be happy you came to us first.



A BETTER METHOD. A NOVEL TEAM.

We provide evidence-based techniques and procedures to treat:

- Pre-and post surgical conditions (orthopedics)
- Sports injuries
- Back pain/sciatica
- Neck pain
- Shoulder/arm pain
- Hip and knee pain
- Ankle and foot pain
- Balance disorders
- Altered running or gait mechanics

And more...

Modalities We Utilize:

- Cupping (myofascial decompression)
- Electric Stimulation
- Focused Sports Massage
- Kinesio Taping
- Traction
- Ultrasound



SPECIAL SERVICES

Personal Training

We offer closely monitored preventative and personal training sessions to help you achieve your fitness goals, and continue with functional strengthening exercises after your physical therapy program has been completed to sustain your progress.

“PRE-HAB”

If you need surgical intervention, we can work with you prior to your procedure to achieve as much strength, range of motion, and function as possible, so that you will experience a faster and smoother rehabilitation.

Youth Athlete Injury Prevention Program

The rising level of competition in youth sports has also led to increased injuries. Our therapists provide information and techniques for kids and their parents to keep them safe and performing at their physical best. Please call for more information and to speak directly with one of our physical therapists for a brief consult, or visit lopezphysicaltherapy.com.



INVESTMENT

Your health and well-being is priceless. We want to help you protect it.

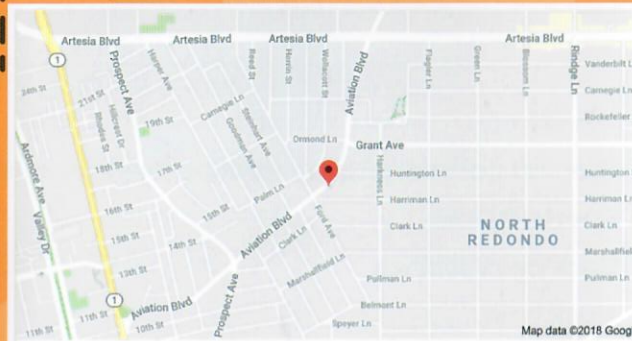
PPO insurance, Medicare, workers comp, and some personal injury cases are welcome. We also accept all major credit cards and cash as forms of payment.

Questions:

Call us with any questions. Our therapists are happy to consult with you over the phone to determine the best path to serve you.



OFFICE LOCATION




1426 Aviation Blvd #204
Redondo Beach, CA 90278




CONTACT INFO

 Lopez & Associates Physical Therapy and Sports Rehabilitation

 (310) 798-8899

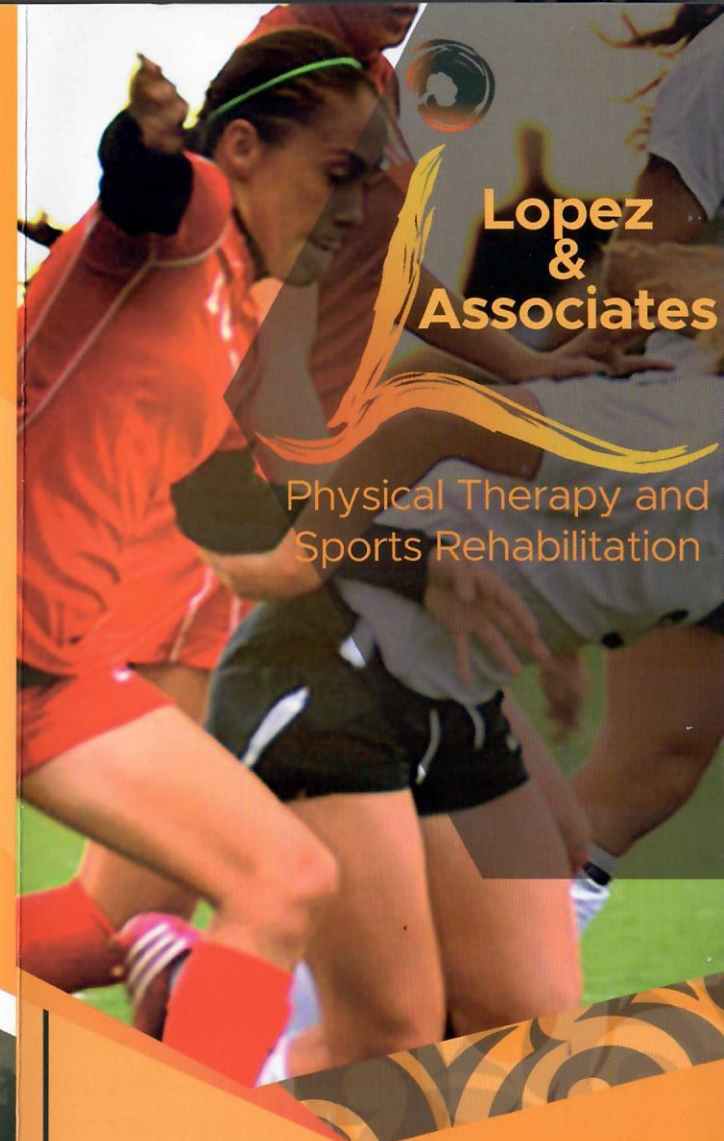
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 lopezphysicaltherapy.com



Lopez & Associates

Physical Therapy and Sports Rehabilitation

Exclusive Treatments

Unique Experience

Faster & Better Recovery