Colleen Ecker AA, BS, CADC-II, CCDP, CIP

Recovery solutions for struggling families.

It's never easy to admit that you or someone you care about has an addiction to alcohol or drugs. But once you recognize the problem, the road to recovery appears at your feet. The first step down that road is to find professional help. If that's the road you are on, you are not alone. Over 23 million people may already know addiction and overdose are currently at epidemic levels. For more than 15 years, Colleen's power-treatment services have been helping adults and adolescents get back on the path to a fail, rewarding life – free of alcohol and drugs. She is very passionate about offering hope and healing to families affected by substance use disorder. With a wealth of experience, knowledge, compassion and understanding, she offers a surprisingly affordable array of services that range from individual family counseling to interventions. From her extensive experience working as an educational consultant, alcohol and drug counselor and interventionist, Colleen has a variety of services available for all struggling families.

- Certified Alcohol and Drug Counselor (**CADC-II**)
- Certified Co-Occurring Disorders Professional (**CCDP**)
- Certified Interventionist Professional (**CIP**)
- **Educational Consultant** for Struggling Students
- **Affordable Intervention** for Families in Need
- Certified Brief Alcohol and Drug Screener
- **BASICS**: Brief Alcohol and Screening and Intervention for College Students

To find out more information about the kinds of services that Colleen offers, click on the Services tab on the left

Call Now: (310) 874-6416

"Give us one reason why we should hire you?"
Truth, honesty (to the truth even) may of the case. **Honesty and Integrity** are key components of our business and we attribute much of our success to these highly valued character traits.

✦ SHARE

"It is never too late to be what you might have been."
T.S. Eliot

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"Dear Colleen,
I wanted to take more time with this, but this clearly has been a whirlwind. It changes in the hour. Thank you from the bottom of my heart for everything you have done and continue to do for our family.
God Bless"

"Thank you for making a difference in our lives. We appreciate your time!
-Los Hermanos 2014"

"Colleen,
Thank you for all you do for our youth!
-Los Hermanos 2014"

"Dear Colleen,
Thank you so much from the Peninsula Chapter of NCL Class of 2018 for coming to speak about drug and alcohol related issues. Your message was powerful and I am sure had an impact on our girls. Thank you again and I hope to see you 'on the hill' in the future.
-Diane GLA 2018"

"Hi Colleen,
Thank you so much for the gift of your time and advice. It really meant the world to me to be able to talk about 'my stuff'. I will keep you posted on the outcome.
-Client 2007

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*Colleen offers a variety of services and referrals to better help you and your family's needs. As an independent counselor in private practice, Colleen works exclusively for individuals and families. Over the past 17 years she has built relationships in the community with many other, *non-competitive* agencies that do not work for treatment centers or rehab facilities, and does not receive any financial compensation from them, so, she thrives on recommending appropriate treatment solutions she remains neutral and focused on what is best for the client!*

Colleen is able to provide her clients with a selection of effective-evidence-based treatment modalities. She is familiar and experienced with Motivational Interviewing, 12-step Recovery, Celebrate Recovery, Smart Recovery, MAT, CBT, RCT, and DBT (modifications).
Listed below are descriptions of these services and a general pricing to help you choose the option that would need fit your needs.

Colleen's Qualifications:

CADC-II
As a **Certified Alcohol and Drug Counselor** for over 15 years, Colleen has had extensive experience with assessment and counseling for those with substance use disorders. Common mental disorders that co-occur with substance use include mood-related disorders, major depression and bipolar disorder, anxiety-related disorders such as social anxiety and obsessive-compulsive disorder.

CCDP
As a **Certified Co-Occuring Disorder Professional**, Colleen is experienced with assessment and counseling for those with co-occuring mental and substance use disorders. Common mental disorders that co-occur with substance use include mood-related disorders, major depression and bipolar disorder, anxiety-related disorders such as social anxiety and obsessive-compulsive disorder.

CIP
Colleen is also a **Certified Intervention Professional** specializing in support, education, guidance, direction and training for families in need. The process includes researching and visiting many treatment facilities to find the best fit for the client.

BASICS
BASICS stands for **Brief Alcohol and Screening and Intervention for College Students**. It is a service available for students who need to learn more about alcohol and drug use and is designed to assist students in examining their behaviors in a judgmental-free environment. Colleen has helped students in the past who have been mandated to complete BASICS after being caught in a dangerous situation (ride to using, or students who have been mandated to complete BASICS after a violation of school policy.

Educational Consultant
Through her experience working in various school districts, Colleen is knowledgable with educational consulting for struggling students. She specializes in finding alternative environments for students with special learning circumstances. She can advocate for your adolescent to get the services that they need to succeed.

General Pricing (sliding-scale):

Intake Session ($150)

Individual Counseling Session ($100-$200 per session)

Phone Session (first 10 min free for New clients, $50+)

Family Counseling Session ($150-$250)
Price depends on length of time and family size.

Crisis Counseling Services ($300+ per week)
Weekly and Monthly retainer fees are available upon request.

Case Management ($200+ per week)
Colleen advocates for a client's care while they are in treatment. These services include clinical collaboration, family consultation and case management. The fee is dependent upon client length of treatment. This does not include crisis management or required intervention.

Certified Alcohol and Drug Testing ($50 + lab fee if needed)

Court Mandated Alcohol/Drug Assessments ($150-$200)

Interventions + Transportation expenses ($800-$6,000)
Price reflects length of consulter involvement and staffing requirements. Some interventions are more expensive due to time and involvement requirements, which is defined as case management. Counseling support services are nonrefundable.
If needed, Colleen can provide transportation to assist with the placement of your loved one. Transports are an additional fee.

Treatment Research and Options List ($50-$300)
Colleen and her staff research and compile a list of treatment options for you or your loved one based on each individual's needs, cost/insurance, and location. This takes resources and time to create the best information and options for each client's unique situation. Colleen has established a relationship and trained staff on some of different treatment facilities to better assist her clients with proper placement.

Offline Meetings ($150-$300)
Colleen is known to be available for clients at any location. She can accompany clients to Meetings, make house calls and meet clients who are in the hospital. Whatever your needs are, Colleen will do her best to accommodate them with confidentiality.

Additional Services
Colleen is a trained crisis counselor. It's unfortunate, but sometimes in life, crisis situations happen. Sadly a crisis is not predictable and can occur at any time of the day or night. Crisis situations can be very emotionally charged and require attention and action. Families are emotional and fearful for their loved one. They are often ill-equipped and uncertain of what to do in an unfamiliar situation.
This is where you need Colleen's expertise. When there is a crisis, her experience is invaluable. Navigating through the medical/recovery system is challenging. Colleen will guide you, while advocating for your loved one. Each case is unique, which means the services required are unique to each client. Colleen will provide a fee structure specific for each case.
Colleen's involvement includes serious such as providing alternative medical assessment, treatment and continued care options, verification of insurance benefits, payment plans, clinical collaboration, counseling support, family mediation, facilitating transports, release of information, and coordinating treatment/discharge plans.
Colleen has a relatively large case load. If you are an existing client, you will receive priority. Whatever support services are provided in her office, in your home, or on the phone, they are considered additional, billable items. An invoice will be emailed when the service fees are rendered.

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T.S. Eliot

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Colleen Ecker has served a variety of clients from every walk of life. She specializes in alcohol and drug addiction. She has extensive experience in treating behavioral addictions and staging interventions. In addition, through her employment under multiple school districts, she also has experience in education counseling for struggling students.

We would welcome the opportunity to earn your trust and deliver you the best service in the industry.

Cell Phone:
(310) 874-6416

Email:
colleenecker@gmail.com

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Colleen Ecker, AA, BS, CADC-II, CCDP, CIP, Ed.D

Colleen Ecker is from The Palos Verdes Peninsula in Southern California. She has been in the field for 15 years as a Certified Alcohol and Drug Counselor, Certified Intervention Professional, Certified Co-Occuring Disorder Professional and Educational Consultant. After seeking her own treatment, she found her calling in the recovery field, where she has spent the last 15 years working as a Certified Alcohol and Drug Counselor, Educational Consultant, family/group Counselor, and as an Advocate assisting families navigate through alcohol/substance abuse and co-occurring disorders. Her private practice specializes in treatment solutions and recovery options.

Colleen spent several years working at Marymount California University in the Student Development Services Department as the Wellness Counselor. She organized health related events, and provided counseling and consultation related to substance abuse/addiction. As an adjunct faculty member she taught a psychology course called 'The Art of Being Human'. Additionally she was the faculty advisor for the Sober Solutions Student Club, which facilitates a safe rides program and substance free dorms.

The students have endearingly nicknamed her 'Buzz Kill', from her lively student centered presentations. In addition she has spent over 14 years as an alcohol and drug counselor for adolescents at the Thelma McMillen Adolescent Treatment and Recovery programs, at Torrance Memorial Medical Center. Colleen is currently working part time at Clear Recovery in Redondo Beach, facilitating process groups, and presenting lectures on educational/recovery topics.

Colleen volunteers her time speaking to parents and teens at local schools, churches and philanthropic organizations about the dangers of drug and alcohol addiction, and the consequences of drinking and the nicotine addiction, Just Say Know. She also volunteers at the House of Hope in San Pedro, on the fundraising committee to raise funds for under-served women seeking treatment. Colleen is committed to educating and informing people about addictions and mental health issues. Her goal is to help remove the stigma and shame associated with this issue. Her message is... there is hope, healing and help available.

Personally, Colleen and her husband have been married over 40 years and have four sons. She enjoys tennis, gardening and reading. She has degrees in advertising, marketing, sociology and psychology. As a former Cruise Director she has traveled extensively and has also lived in the Mid-West, on the East Coast and on the West Coast.

As a Counselor and Interventionist, Colleen is committed to providing custom care for her clients. She utilizes CBT, DBT, and mindfulness treatment modalities. She integrates her own battle with and triumph over addiction into providing the most effective, rehabilitative care for struggling families. She helps people go "from hole to whole." Her passion and purpose is to provide quality treatment and to help families find recovery. She is known for being direct and humorous, while maintaining a reputation for providing excellent and ethical clinical care.

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